

Culinary Arts Preliminary Series

Summer Program at A la Carte Cooking School!

C.A.P.S.

Ages 13 - 19

Jr. C.A.P.S

Ages 8 - 12

A comprehensive program for serious young and teenage chefs.

The program is offered twice during the summer with each week-long series covering the fundamentals of the culinary world. Classes will not repeat recipes, only reinforce concepts. Students may choose to take one session or both; however students must attend Monday thru Friday. If you are interested in attending professional culinary school or becoming a chef, this is the preparatory program for you and we recommend that you take both sessions. Our program is taught by our patient, professionally-trained chefs.

	<u>Session 1</u>	<u>Session 2</u>
CAPS (4 hours)	July 12 ^h – 16 th 11am-3pm	August 23 rd – 27 th 11am-3pm
Jr. CAPS (3 hours)	June 28 th – July 2 th 11am-2pm	August 30 th – Sept 3 rd 11am-2pm

Class Content for Each Week: (Jr. C.A.P.S. varies slightly)

Day 1: Knife Skills, Kitchen Organization, Tools & Equipment, Reading Recipes, Measuring Ingredients, Egg Cookery, Salad Dressings, Mayonnaise

Day 2: Herbs and Spices, Soups, Stocks, Sauces, Food Storage

Day 3: Braising, Poaching, Homemade Pasta

Day 4: Baking Desserts, Working with Chocolate, Sautéing, Deglazing, Broiling, Frying

Day 5: Grilling, Roasting and Bread Baking (including Pizza, Calzones and Focaccia)

*Each session will focus on these concepts but will contain NEW recipes; students should attend both sessions.

Pricing:

	<u>C.A.P.S.</u>	<u>Jr. C.A.P.S.</u>	
Single Session:	\$575	\$325	(Students receive an A la Carte apron)
Both Sessions:	\$1100	\$600	(Students receive an A la Carte chef jacket)

****SIGN UP FOR BOTH SESSIONS BY May 15th AND RECEIVE AN ADDITIONAL 10% OFF!
(\$990 for C.A.P.S., \$540 for Jr. C.A.P.S.)**

CALL TODAY TO SIGN UP - CLASS SIZE IS LIMITED



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